



International Conference:  
**SAFETY OF BOTANICALS AND BOTANICAL PREPARATIONS  
USED IN FOOD SUPPLEMENTS PRODUCTION**

Date of the Conference:  
**20th March 2019**

Organizers:  
Faculty of Computer Science and Food Science, Lomza State University of Applied Sciences, Poland  
and Natur Produkt Pharma, Ostrów Mazowiecka, Poland

Venue of the Conference:  
Lomza State University of Applied Sciences building, Assembly Hall named after Professor Antoni Jakubczak,  
Akademicka 1 Street, 18-400 Lomza, Poland

#### INTERNATIONAL SCIENTIFIC COMMITTEE

Biller Elżbieta	Lomza State University of Applied Sciences, Poland
Boselli Emanuele	Free University of Bozen-Bolzano, Italy
Charmas Robert	Lomza State University of Applied Sciences, Poland
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Drożdż Marlena	Natur Produkt Pharma, Poland
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Ogrodnik Anna	Natur Produkt Pharma, Poland



## PROGRAM:

10.00-10.30. Welcome of the participants and some information about the research project:  
Regional Operational Programme of Mazovian Voivodship 2014-2020, RPMA.01.02.00-14-5757/16-01  
*"Research and development of new food supplements with increased safety containing herbal extracts"*.

### I Session **Chairman: Prof. Mieczysław Obiedziński**

10.30-11.00. Dr Agnieszka Obiedzińska, Lomza State University of Applied Sciences, Faculty of Computer Science and Food Science, Poland.  
*"Food safety aspects of food supplements and their ingredients"*.

11.00-11.30. Prof. Iwona Wawer, Medical University of Warsaw, Faculty of Pharmacy, Poland.  
*"Rational supplementation"*.

11.30-12.00. Prof. Emanuele Boselli, Free University of Bozen-Bolzano, Faculty of Science and Technology, Italy.  
*"Aspects and challenges of the quality evaluation and safety of Mediterranean food products"*.

12.00-12.30. Prof. Bożena Waszkiewicz-Robak, Lomza State University of Applied Sciences, Faculty of Computer Science and Food Science, Poland.  
*"Dietary supplements or functional food?"*.

12.30-13.00. Coffee break in the Hall close to the Conference Assembly Hall.

### II Session **Chairman: Prof. Emanuele Boselli**

13.00-13.30. Prof. Ivan Darashkevich, Grodno State Agrarian University, Economics Department, Belarus.  
*"Registration requirements for botanicals used in pharmaceutical industry in Belarus"*.

13.30-14.00. Prof. Elżbieta Biller, Lomza State University of Applied Sciences, Faculty of Computer Science and Food Science, Poland.  
*"Natural "supplements"*".

14.00-14.30. Prof. Nina P. Kanunnikava, Yanka Kupala's Grodno State University, Department of Food Technology, Physiology and Hygiene of Nutrition, Belarus.  
*"Comparative activity of biologically active supplements of plants versus artificially synthesized"*.

14.30-15.00. Prof. Mieczysław Obiedziński, Lomza State University of Applied Sciences, Faculty of Computer Science and Food Science, Poland.  
*"Trends in the analysis and quality and safety control of food supplements originated from plant extracts"*.

15.00-15.10. Conference overview.

15.10-15.55. Lunch in the Hall close to the Conference Assembly Hall.

16.00-18.00. Guided tour around the Lomza town.

**Natur Produkt Pharma Sp. z o. o.** is a pharmaceutical company founded in 1996 in Ostrów Mazowiecka. It is a leader in the manufacture of medicinal products and food supplements in the form of effervescent tablets. The basis for the dynamic development of the company is the combination of professionalism and the latest technology forms. The highest quality of medicinal products and food supplements is proved by many certificates, including the most important GMP (Good Manufacturing Practice) Certificate. Many popular food supplements on the Polish market are produced by our company, for example Skrzywovita, Molekin, Bilomag Plus, Duo-Fem, Litorsal, Obstilax and as well as the medicinal products - Ascorvita, Nacecis. Very modern production lines, a quality control laboratory equipped with the latest analytical devices and the R&D department make it possible for the company to participate in research and development of projects to improve the production technology and the safety of food supplements. Natur Produkt Pharma Sp. z o. o. cooperates with international companies and the world's leading manufacturers. The products are sold in many countries around the world, for example in Germany, France, Spain, Bulgaria, Hungary, Romania, Russia, Vietnam, Brazil. Medicinal products and food supplements produced in the factory are distributed by Natur Produkt Zdrowit Sp. z o.o. with the headquarters in Warsaw.  
[from: NP Pharma]



### **Lomza State University of Applied Sciences**

was established in June 2004 by an act of the Council of Ministers of the Republic of Poland. In the six-hundred-year history of Łomża, fifteen years is like a blink of an eye, but in the history of the University it is a whole epoch, from very difficult organizational beginnings to the present time, when our University stands out from other state schools, owing to its extraordinary dynamics, great equipment, excellent teaching staff and scientific development. However, the greatest success of the University are individual achievements of graduates who undertake further studies and manage in life as well as at work excellently.

Our University is recognizable in the country and in the region as the centre of education of specialists – practitioners. The School offers first and second cycle degrees, full-time and part-time. Every year we develop in our students the knowledge and skills that will enable them to work in their chosen profession, as well as open the door to the world in the form of Erasmus+ (study and practice). Our University becomes an extremely flexible and efficient institution that is a part of the tradition of Łomża and relies on the cooperation of the entire region. It is the pride of all inhabitants of Łomża, permanently inscribed in the history of the city and its architectural landscape.  
[from: www.pwsip.edu.pl]